





# COUNTY QUICK FACTS

**PUSHMATAHA 11,128**  
2019 POPULATION

**COUNTY 125,093**

MEALS DISTRIBUTED FY2021

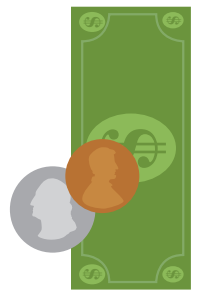


**16.3%**  
SENIORS LIVING IN  
POVERTY

**6.7%**  
UNEMPLOYMENT  
RATE AVERAGE

**\$3.00**  
AVERAGE COST  
PER MEAL

“There are many people in our community who hit a rough patch at times. One box of food at the end of a month won’t solve a financial crisis, but it may help someone and their family eat more securely while they work through that crisis.” - Sue Catron



**FOOD INSECURITY RATE 19.2%**  
2,140 TOTAL FOOD INSECURE PEOPLE



**27.4% CHILD FOOD INSECURITY RATE**  
680 TOTAL FOOD INSECURE CHILDREN



**3 PARTNER AGENCIES**  
First Baptist Church/Antlers  
Living Waters Food Pantry  
Rattan Senior Citizens Center



For a map of Partner Agencies in your county with contact information and hours of operation, go to [okfoodbank.org/get-help](http://okfoodbank.org/get-help)

Low-income households spend a higher portion of their total income on food. This leaves less resources for other needs such as healthcare, utilities, and transportation.

